

FRUIT
apple - banana - pear - pineapple - kiwi
- lemon - orange - grapefruit - grapes -
cherries - strawberries - raspberries -
blueberries - blackcurrant - apricot -
peach - grapes - watermelon - lime -
plum - tangerine

VEGETABLES
potato - tomato - leek - beans - green
peas - avocado - salad - lettuce -
courgette - broccoli - cucumber -
cauliflower - Brussel sprouts - eggplant -
mushroom - spinach - onion - green/red
pepper

FOOD

DRINKS
still water - fizzy water
- wine - beer - soda -
milk - hot chocolate -
coffee - tea - juice

MEAT
beef - pork - lamb -
chicken - turkey -
ham - sausage

MEALS
Breakfast - lunch -
dinner - tea - snack -
brunch

MISCELLANEOUS
egg - fish - chocolate -
bread - jam -
marmalade - rice -
pasta